



# CLIENTS & RAVING FANS

“Rocco is an enthusiast, one who takes time to understand the needs of the business and those he coaches. The results are a focus on the objectives and a team focused on achieving results that meet expectations.”

**Charlie W., Director**

“Rocco brought us a rare and valuable combination of deep technical expertise and compelling strategic leadership. He developed an immediate affinity with our team, while displaying the courage to influence the thinking of our most senior people.”

**Ron K., CEO**

“Really, really enjoyed our coaching session today! The process has been so much more than I had expected. Our team has grown leaps and bounds in such a short time and our passion has been renewed. THANK YOU for your facilitation, coaching, and confidence!!”

**Lindsay J., Doctor/Owner**

“Rocco is great to work with and can jump in and get things turned around! He is very good working with international teams.”

**Alexander S., Global Technology Manager**





# EMPOWER. TRANSFORM. RESULTS.

**Rocco M. Luongo, P.E.**

*Coach, Consultant, Founder*

Our thoroughly researched, tested, and validated process for measurable and repeatable growth!



**BENEFITS**

- Do What You Love.
- Define and Achieve Goals.
- Get Your Health on Track.
- Advance Your Career.
- Grow Your Business.
- Find Meaningful Balance.
- Reconnect With Family.
- Fix Communication Gaps.
- Build Your Influence.

**Shift your brain real-estate from 'What I'm missing?' to 'How can I keep growing!'**

**WHAT YOU GET**

- A comprehensive assessment and report identifying growth drivers.
- A mission alignment lets you start measuring yourself with who you are TODAY!
- Training on critical time-management skills.
- Learn how to say 'NO!' to the stuff you shouldn't be doing.
- Consistent goal-setting and tracking process.
- A nine-month coaching engagement, extendable at the six month mark.
- Weekly growth assignments extend coaching value.

**ACCOUNTABILITY**

Let's face it: We all need a sounding board, motivator, and advisor to reach our fullest potential.

We know that we can grow if we have someone who really listens, asks thoughtful questions, motivates us with a greater perspective, and holds us accountable with regular congruence checks.

**The benefits of coaching are remarkable and they come swiftly.**



# LET'S GET STARTED!

## EMPOWER YOURSELF TO TRANSFORM AND ACHIEVE THE RESULTS YOU DESIRE!

### READY TO TAKE THE FIRST STEP ON YOUR NEW PATH?

Apply for your FREE 30-minute coaching session. The first step is to MEASURE YOUR CURRENT STATE. We do this through a comprehensive and targeted online ASSESSMENT before we coach.

Sign up at [www.GoRocco.Pro/Coaching](http://www.GoRocco.Pro/Coaching) or SCAN this QR-CODE and go directly to the ASSESSMENT!



**INVEST IN YOURSELF**  
Coaching Programs Range From:  
**\$490 - \$4,970**

### CONNECT

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LINKEDIN: [linkedin.com/in/roccomluongo/](https://www.linkedin.com/in/roccomluongo/)



**Get your FREE report.**  
**Let's get started. Go YOU!!!**